

Tehra Scott

November 20, 2012 is the day my life was forever changed – the day I was diagnosed with Stage 1 breast cancer. A mammogram revealed calcifications throughout my breast tissue. However, suspicious mammograms followed by biopsies were not a new thing for me – this would be my third biopsy in the past three years. But this time was different – this time, at the age of 37, I had breast cancer.

I had a double mastectomy on December 7th and then started the process of figuring out the best course of treatment. After many differing opinions, it was decided that radiation without chemotherapy was the best choice. I traveled to Sioux Falls for daily radiation treatments from February 6 – March 13, 2013. I had subsequent surgeries on August 28, 2013 and again on March 10, 2014 for the reconstruction process.

My mom and stepdad, from ND, basically moved in with us for a couple months after my mastectomy to help with my recovery process, came back again for the first couple weeks of radiation, and were back again to help after my first reconstruction surgery. With the support of my husband, Chris, my parents, and Chris's parents, we had the extra hands necessary to keep things running smoothly at home, get me to my appointments and to run our daughters, Cailey and Lauren, to their activities. I am forever grateful for their endless love and support.

The best news is that I am cancer free, living life to the fullest, and not taking a single day for granted! I feel stronger every day and am thankful for the reminder of just how precious life is and to have been given the opportunity to make many more memories with my husband and daughters. I truly believe that my best days are still ahead of me!

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