

**Jan Nebelsick**



Jan, of Alexandria, was diagnosed with bladder cancer on October 24, 2011. After seeking a second opinion in Sioux Falls, and receiving the same results, she did 6 weeks of BCG treatments. There were some blockages, so surgery was needed.

It was during this surgery that they found out the cancer was on the outside of the bladder, so a cystectomy, bladder removal surgery, was performed on March 22, 2012. The pathology reports showed that the cancer was in Jan's lymph nodes. She spent 14 days at Avera McKennan Hospital, then several weeks at home recovering. She did 3 rounds of chemo, which consist of treatment once a week for 3 weeks, then 1 week off.

Jan was cancer free on August 29, 2012. Biannual checkups followed with the oncologist and urologist. It was during her visit with her oncologist this past December, that she would be moving to yearly checkups. She was also told that bladder cancer has a 100% chance of returning somewhere else in the body.

For now, she is cancer free and enjoying life to the fullest. Jan and her husband, Tom, have 5 children and 12 grandchildren, which keep them busy. Her family was a huge support system throughout her cancer journey, and she couldn't have gotten thru it without them.