

TEAM CAPTAINS:

Please take note of the DEADLINES listed!

Important Dates:

Wednesday, April 23, 2019 – TEAM REGISTRATIONS DUE!

Send team registration forms, indicating t-shirt sizes to:

Heart & Sole
PO Box 236
Mitchell, SD 57301

Phone: 605-996-1484

E-mail: info@mitchellheartandsole.com

Wednesday, May 22, 2019 – T-SHIRT PICKUP

T-shirts may be picked up from 12 PM – 6 PM at

**First Lutheran Church
411 North Duff
Mitchell, SD.**

Remember to bring your team registration, summary form, and luminary sales money your team has raised. (The team with the most money raised will be given an award at the walk on June 14, 2019)

Friday, June 14, 2019 – 22nd Annual Heart & Sole Cancer Walk/Run!

Campsites will be available at noon on this date. Campsite numbers will be located at the front/center of your site. We encourage you to decorate your campsites. This year's theme is: **"CARNIVAL FUN"**.

No pets, roller blades, bicycles or skateboards are allowed on the field/track. Tobacco and alcohol is prohibited on school property. Not responsible for lost or stolen items.

Thank you for your continued support of this event.

We are looking forward to our 22nd Anniversary celebration! It's going to be AWESOME!!!

Tuesday, June 4, 2019 – PIE AUCTION

Don't forget to listen to Q-107 on June 4th for the annual Pie Auction! All proceeds go to the Cancer Walk! If you are interested in donating a dessert for the auction, contact us at info@mitchellheartandsole.com.

Thank you & see you there!

- Heart & Sole Cancer Walk/Run Committee



Team Name: _____ Contact Person: _____

Sponsor's Name: _____

Address: _____

Phone: _____ Email: _____

Shirts are RED this year!

Adult T-Shirt Sizes \$15.00

- _____ Small
- _____ Medium
- _____ Large
- _____ X-Large
- _____ 2 X-Large
- _____ 3 X-Large
- _____ 4 X-Large
- _____ 5 X-Large

Youth T-Shirt Sizes \$15.00

- _____ Small
- _____ Medium
- _____ Large

NOTE: Each team receives **10 T-shirts**, (may be a combination of adult or youth T-shirts only) Please add \$15.00 for each additional T-shirt over 10. Luminaries may not be used to pay for additional T-shirts. Please include money for additional shirts with your Team Summary.

Return this form to Heart & Sole, PO Box 236, Mitchell, SD 57301 or e-mail info@mitchellheartandsole.com by **Monday, April 23, 2019**. DO NOT include any money – please bring your Team Summary, Team Registration Fee, extra T-shirt money and luminary donation money collected with you when you pick up your t-shirts on **Wednesday, May 22, 2019** at the First Lutheran Church from 12-6 PM.

Pre Order shirts only:

Adult Hooded Sweatshirts (available in Adult sizes only)

S – XL \$30.00 each / 2XL & 3XL \$34.00 each

- _____ Small
- _____ Medium
- _____ Large
- _____ X-Large
- _____ 2 X-Large
- _____ 3 X-Large

Adult Women's Racerback Shirts (available in Adult sizes only)

S – XL \$15.00 each / 2XL \$17.00 each

- _____ Small
- _____ Medium
- _____ Large
- _____ X-Large
- _____ 2 X-Large

Infant and Toddler T-shirts - \$12.00 each

- _____ 6 mo.
- _____ 12 mo.
- _____ 18 mo.
- _____ 24 mo.
- _____ 2 Toddler
- _____ 3 Toddler
- _____ 4 Toddler
- _____ 5/6 Toddler

Please order carefully!!!
Any orders received after April 23, will be filled on first come and availability basis.



2019 Team Summary

Please bring completed form on May 22nd!

TEAM NAME: _____

Contact Person: _____

Phone/E-mail: _____

Team Registration (\$175 paid by sponsor) \$ _____

Team Luminaries _____ # sold \$ _____
(Luminaries sold to be applied towards registration fee)

Donations \$ _____

Luminaries
(Sold but not used for registration fee) _____ # sold \$ _____

T-shirts (extra shirts purchased - \$15 each) _____ # sold \$ _____

Total \$ _____

Notes: