

2016 Heart & Sole 5k/10k Results

WOMEN'S 5K

14 & Under:

<u>Time</u>	<u>Name</u>
25:35	Adaya Plastow #654

15-24:

<u>Time</u>	<u>Name</u>
24:55	Jennifer Sievert #659
31:27	Emily Strong #660
31:27	Moriah Plastow #655

25-40:

<u>Time</u>	<u>Name</u>
23:41	Heidi Ostrem #498
23:55	Kalli Mimmack #638
26:15	Jodi Asbenson #639

41-55:

<u>Time</u>	<u>Name</u>
38:14	Tabitha Amiday #64

MEN'S 5K

14 & Under:

<u>Time</u>	<u>Name</u>
24:32	Bradley Ramsey #637
28:17	Aidan Ramsey #636
40:33	Tanner Puetz #642

15-24:

<u>Time</u>	<u>Name</u>
20:58	Alec Nelson #646

25-40:

<u>Time</u>	<u>Name</u>
23:06	Daniel Ostrem #641
28:08	Kyle Tanke #632
28:17	Jarrett Brunsen #650

41-55:

<u>Time</u>	<u>Name</u>
24:12	Brian Hohn #647
24:38	Tim Herll #633
25:19	Jay Screauar #640

WOMEN'S 10K

15-24:

<u>Time</u>	<u>Name</u>
60:03	Lexi Christenson #67

25-40:

<u>Time</u>	<u>Name</u>
61:07	Candace Hauck #71
69:45	Anne Harris #61
69:45	Jackie Plamp #62

41-55:

<u>Time</u>	<u>Name</u>
56:06	Connie Kuyper #70
68:05	Sharon McDaniel #60
91:10	Michele Plecity #56

MEN'S 10K

41-55:

<u>Time</u>	<u>Name</u>
53:22	Marty Takagl #69
