

2015 Heart & Sole 5k/10k Results

WOMEN'S 5K

14 & Under:

<u>Time</u>	<u>Name</u>
21:25	Lorna Gregerson
21:58	Lainey Gregerson
27:34	Landry Roth

15-19:

<u>Time</u>	<u>Name</u>
29:10	Julie Knight
32:21	Halley Larson

20-29:

<u>Time</u>	<u>Name</u>
26:30	Lynn Hofer
27:24	Brandi Wermers
27:42	Kendra Cersosimo

30-39:

<u>Time</u>	<u>Name</u>
26:15	Heidi Eiteamiller
26:20	Nicole Jarding
27:07	Jackie Plamp

40-49:

<u>Time</u>	<u>Name</u>
22:14	Lisa Larson
26:50	Jodi Loecker
26:53	Sheila Stevens

50-59:

<u>Time</u>	<u>Name</u>
28:14	Dorris Schrank
29:23	Judy Freeman
31:32	Pam Larson

MEN'S 5K

14 & Under:

<u>Time</u>	<u>Name</u>
25:05	Riley Gregerson
25:12	Logan Tiam
33:23	Clay Hohn

15-19:

<u>Time</u>	<u>Name</u>
19:23	Caleb Larson
20:23	Jacob Jarding
21:13	Caleb Lee

20-29:

<u>Time</u>	<u>Name</u>
17:32	Christian Tian
20:37	Ryan Roach
21:13	Chase Walder

30-39:

<u>Time</u>	<u>Name</u>
22:20	Richard Royce
23:42	Ryan Jensen
25:47	Tim Baltzer

40-49:

<u>Time</u>	<u>Name</u>
23:33	Jay Schreurs
28:23	Kevin Loecker

50-59:

<u>Time</u>	<u>Name</u>
23:20	Michael Moeller
26:10	Joel Allen
26:41	Dave Ellston

60+:

<u>Time</u>	<u>Name</u>
28:57	Ken Baldwin

WOMEN'S 10K

20-29:

<u>Time</u>	<u>Name</u>
52:13	Lexi Christenson
53:28	Nikki Richert
58:20	Mateya Berg

30-39:

<u>Time</u>	<u>Name</u>
53:45	Candace Hauck
56:12	Taya Swanson
63:56	Lisa Reinesch

40-49:

<u>Time</u>	<u>Name</u>
51:20	Amy Bar

50-59:

<u>Time</u>	<u>Name</u>
61:28	Lori Bork
70:38	Sharon McDaniel

MEN'S 10K

14 & Under:

<u>Time</u>	<u>Name</u>
57:32	Caleb Jarding

30-39:

<u>Time</u>	<u>Name</u>
39:26	Mark Miedema
48:17	Daniel Orban
50:09	Brian Kampmann

40-49:

<u>Time</u>	<u>Name</u>
47:36	Marty Takagi
51:17	Loren Gregerson

50-59:

<u>Time</u>	<u>Name</u>
51:53	Tim Herll
